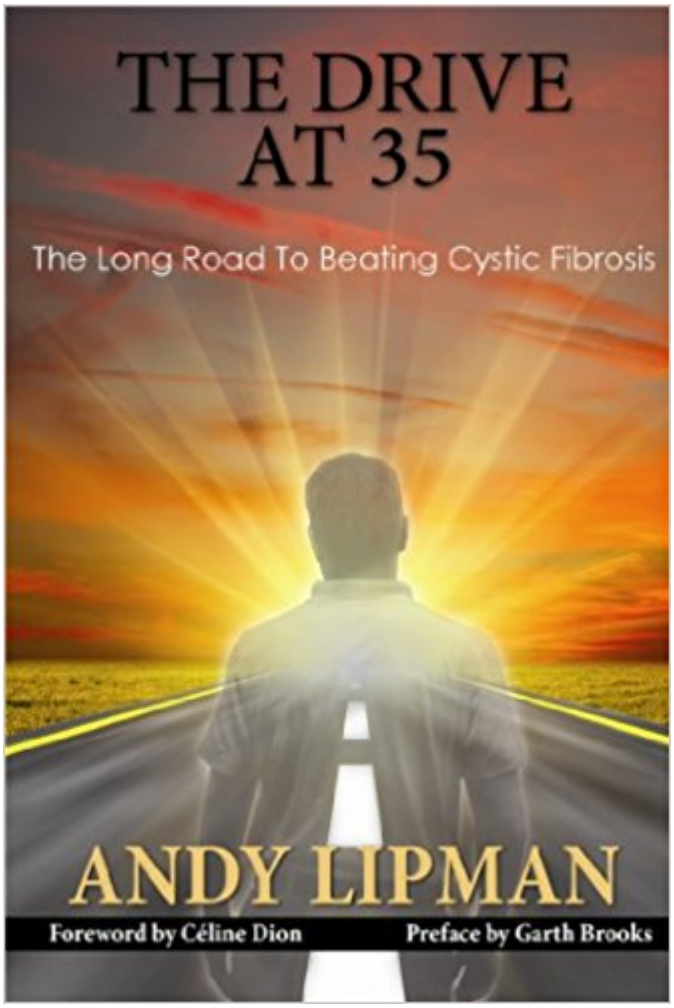
The Drive At 35: The Long Road To Beating Cystic Fibrosis



Synopsis

This is the inspiring account of Andy Lipman's life with cystic fibrosis and the candid story of a young man finding his way in the world, despite big challenges. Cystic fibrosis affects seventy thousand people worldwide. In the United States, thirty thousand people live with cystic fibrosis and each year several hundred die as a result. When I was born in the early seventies, life expectancy for those with CF was in the teens. It is Andy's declaration that everyone, including medical professionals who told him he could not live past the age of 25, was wrong. This is the story of a competitive person with a life-threatening disease-the story of a person with hopes and dreams, just like everyone else, who must also deal with extraordinary circumstances. Andy writes about how he has dealt with depression for most of his life and the negative effects it has had on his family and loved ones. His purpose in writing this is to raise awareness about cystic fibrosis and to help fund cystic fibrosis research.

Book Information

Paperback: 240 pages

Publisher: Dunham Books; 1 edition (January 3, 2012)

Language: English

ISBN-10: 0983745692

ISBN-13: 978-0983745693

Product Dimensions: 5.9 x 0.8 x 9 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 10 customer reviews

Best Sellers Rank: #2,156,311 in Books (See Top 100 in Books) #37 inÂ Books > Health, Fitness & Dieting > Children's Health > Cystic Fibrosis #263 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Genetic #3803 inÂ Books > Biographies & Memoirs > Professionals & Academics > Medical

Customer Reviews

Andy Lipman has cystic fibrosis, but cystic fibrosis does not have him, and he is a positive role model who defied all odds to become a college graduate, Olympic-torch bearer, 10K runner, husband, and father. He is dedicated to finding a cure for this genetic disease and speaks regularly to students, civic and professional groups and associations about CF.

My son is 18 with CF and depressed and down in the dumps and doesn't do his neb treatments

regularly. This book gave me such a vision of what he is truly feeling inside. I feel like my son is just like Andy. Andy had to get the that point on his own in his own time that he really would beat this illness and be positive and I pray to God my son will get there on his own some day too because I realized we can't get him to that point ourselves he has to realize it and want it for himself. Wonderful book to any family of a person with CF or a person who has Cystic Fibrosis. I'm hoping my son decides to pick it up one day and read it !

I read Andy's first book and thought it was great. This book includes the next ten years of his life. Andy's trials and tribulations from 25-35 make it look like the first 25 were a walk in the park. I do not want to write a spoiler review, but between the Wish for Wendy, fertility issues, losing a friend, and struggling with depression, it is amazing what he has done. You will find yourself cheering for the Author.Even better is that the proceeds for the book go to CF fund. Thank you for the follow up to the first book.

Well-written, easy to read, and inspiring. Andy does a fine job explaining what it is like to live with CF - both the physical and mental challenges. My wife has CF, and the book got her to make a long-term committment to start an exercise program.I think the book is an obvious draw for people effected by CF, but I think a general audience would find it a good and inspirational read as well.

After recently loosing my brother to Cystic Fibrosis this was a great book. I hope they can find a cure for Cystic Fibrosis.

It gave me a great understanding of CF. He shared so much and I really enjoyed this read!! This book makes you want to meet Andy in person and continue following his life.

The book is written very well and has short chapters for easy stopping points. the book is not of an overwhelming size and it is a quick read. i recommend this book to anyone who can read.

This is a great book. My granddaughter is 9 months old and was diagnosed at 2 weeks with CF. I recommend this book to anyone with a family member struggling with the disease. It's very inspirational!!

Andy Lipman has written an ispiring story about his life with cystic fibrosis. He discusses his early

childhood, life at college and with a fraternity. He is candid about his bouts with depression and how he works through this. The story has a happy ending when he meets his wife Andrea and has two children through IVF. If you are interested in IVF, he goes into a lot of detail that would be helpful for those couples considering it.Andy writes about his sister Wendy who died of cf before he was born and how she motivates to start "Wish for Wendy", a successful fundraiser for cf.I encourage everyone to read this book and to become inspired by Andy.

Cystic Fibrosis: The Cystic Fibrosis Care & Relief Guide - An Essential Guide For Parents And Family & Friends Caring For Cystic Fibrosis Patients (Respiratory ... Genetic Disease, Chronic Disease Book 1) The Drive At 35: The Long Road to Beating Cystic Fibrosis Cystic Fibrosis Life Expectancy: 30, 50, 70â | (Health, Fitness and Dieting: Children's Health: Cystic Fibrosis Book 1) [Cystic Fibrosis: A Guide for Patient and Family [CYSTIC FIBROSIS: A GUIDE FOR PATIENT AND FAMILY BY Orenstein, David M. (Author) Aug-10-2011] By Orenstein, David M. (Author) [2011) [Paperback] Alive at 25: How I'm Beating Cystic Fibrosis (Understanding Health and Sickness Series) Who Will Care For Us? Long-Term Care and the Long-Term Workforce: Long-Term Care and the Long-Term Workforce Recipes for the Specific Carbohydrate Diet: The Grain-Free, Lactose-Free, Sugar-Free Solution to IBD, Celiac Disease, Autism, Cystic Fibrosis, and Other Health Conditions (Healthy Living Cookbooks) Combating Biofilms: Why Your Antibiotics and Antifungals Fail: Solutions for Lyme Disease, Chronic Sinusitis, Pneumonia, Yeast Infections, Wounds, Ear ... Bad Breath, Cystic Fibrosis and Implants There Are No Alligators in Heaven!: A Family's Perspectives on Surviving the Unrelenting Savagery of Cystic Fibrosis Cystic Fibrosis: A Guide for Patient and Family Taking Cystic Fibrosis to School Treatment of the Hospitalized Cystic Fibrosis Patient (Lung Biology in Health and Disease, vol. 109) Cystic Fibrosis: Everything You Need To Know (Your Personal Health) Understanding Cystic Fibrosis (Understanding Health and Sickness Series) The Troubled Dream of Genetic Medicine: Ethnicity and Innovation in Tay-Sachs, Cystic Fibrosis, and Sickle Cell Disease The Power of Two: A Twin Triumph over Cystic Fibrosis Can't Eat, Can't Breathe and Other Ways Cystic Fibrosis Has F#$%*d Me Recipes for the Specific Carbohydrate Diet: The Grain-Free, Lactose-Free, Sugar-Free Solution to IBD, Celiac Disease, Autism, Cystic Fibrosis, a (Healthy Living Cookbooks) Cystic Fibrosis & the Brewer's Yeast: A Microbiology Tale The Power of Two: A Twin Triumph over Cystic Fibrosis, Updated and Expanded Edition